

Oasis South Africa Summer Team

General information on South Africa

Capital:	Pretoria
Currency:	South African Rand (ZAR)
Population:	42.7 million
Language:	Afrikaans, English, Ndebele, Pedi, Sotho, Swazi, Tsonga, Tswana, Venda, Xhosa, Zulu.
Religion:	Christian 68%, Muslim 2%, Hindu 1.5%, indigenous beliefs and animist 28.5%.
Climate:	Summer: November to March Winter: June to August.

Generally the climate is hot and dry, showers occur in the summer in the eastern plateau and in the winter in the western cape. During the day temperatures generally range between 15-26 °C.

Life Expectancy:	Male: 44.39 years Female: 43.98 years
Under-5 infant mortality:	62.18 per 1,000
Living with AIDS:	5.3 million (21% of population)
Literacy:	Male: 87%, female: 85.7% groups



Summer Teams to South Africa

This team will help at the various projects set up by Oasis South Africa in Johannesburg. These include mentoring of school leavers, teaching community health workers and running activity clubs for children. The summer team is likely to help with practical work such as painting, as well as running holiday and sports clubs for children and young people.

Johannesburg's reputation for crime and violence is well-known. However, consequently the vast majority of houses have robust security measures, such as electric fencing, security guards, intercom entry and intruder alarms which ring directly through to private security firms. This team live in a secure, comfortable house and have a car to get to their projects, so it is helpful to have a driving licence if you are going on this team.

On arrival you will have a day's orientation, in which you will be introduced to the city, the various Oasis projects and staff. You will have 1 day off a week, with which you can go shopping, go to the cinema, use Internet cafes, eat out in restaurants or go sight seeing.

Johannesburg is very Westernized, so you do not need to bring special clothing or health supplies.

Dates: 22nd– 24th July (training) 24th July—7th August (Team) Cost: £1800



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The Vision

We work in partnership with our community and others to make a difference in some of the key problem areas we – and many other communities in our country - face. In Johannesburg we focus on Cosmo City and its surrounding informal settlements – doing all we can to ensure the success of this exciting new integrated housing development, while working to improve the lives of all who live in our community.

The Gauteng Department of Health recently selected Oasis South Africa as



Community Wellness & Health Worker Training

one of twelve organisations in the province to join the department's community health worker training accreditation programme.

At Oasis we believe that health and wellbeing is about more than just absence from disease. We're about promoting healthy lifestyles, making positive choices and living life in all its fullness. A dedicated team of community health workers is at the core of our innovative Community Wellness programme. They provide home based care to those most in need, but also run Healthy Living Clubs to help healthy individuals stay healthy. All club members are assessed twice a year, helped to set personal life-style goals and then supported in implementing it. We also offer fun activities – like information sessions, support and exercise groups – to provide access to health education and an opportunity to put theory into practice.

The Oasis training course will result in students becoming accredited community health workers, enabling them to access stipends for their work while also linking the community health work Oasis does

Pre-School Programme

with the government's primary health care system.

A good pre-school education can make a world of difference in the lives of children. Our Pre-school Programme, following the Play-with-a-Purpose curriculum, gives pre-school teachers from poor crèches, mostly based in shacks, access to an accredited year long training course. The course helps teachers to improve the education they offer by using resources available in the community and also assist them in improving the management of their school. All successful graduates of our programme will become part of the Oasis Play-with-a-Purpose network once they have completed their training.

Skills for life programme

Our Skills for Life programme offers a six-month bridging course to school leavers - providing opportunities and hope to talented young people.

We provide training in key life skills, IT training using the Net2Work programme, career guidance, volunteer opportunities at local schools as well as part-time work opportunities. While also building self-confidence and fostering personal growth through the help of a volunteer mentors and counsellors - preparing the students for life after school.

